

# NATURE JOURNALING

## Supply List



### 1: PAPER

Construction paper works great! Grab a few sheets and fold them in half

### 2: A STICK

A stick long enough to go the whole length of the paper .



### 3: STRING OR YARN

Anything you can tie your book together with to hold it in place.

### 4: A HOLE PUNCH

Use this to punch two holes in your paper once it is folded..

