



THE INSTITUTE FOR  
**AMERICAN INDIAN STUDIES**  
*museum & research center*

## Activity Ideas For *The Hartford Courant's* “News in Education” Articles

The Institute for American Indian Studies' Education Department has been writing articles for *the Hartford Courant's* “News in Education” website. The activities below go along with the articles, which are aligned with Common Core Standards and are intended for various reading levels. Please feel free to modify the activities to fit your situation. Questions or comments can be directed to [education@iaismuseum.org](mailto:education@iaismuseum.org). Thank you for the important role you play in our communities.

Link to Articles: <https://www.nieonline.com/courantnie/iais.cfm>

### **Article 7: “ ‘Myth’-understandings: How Beliefs About Groups Become Stereotypes”**

Suggested Reading Level: Grades 4-6

- *Peanut Butter & Jelly - Implicit Bias Activity*: The way people are raised in a society can lead them to make certain assumptions and associations without even realizing it, a term which is known as implicit bias.
  - Have students watch the following video:  
<https://www.nytimes.com/video/players/offsite/index.html?videoid=10000004818663>
  - After watching, ask the following questions:
    - What is implicit bias?
    - Can implicit bias lead to stereotypes? How?
    - Can you give an example of an implicit bias you have seen or heard about? Where did you see and hear it?
    - Brainstorm! How can we stop ourselves from creating these implicit biases?